



**Orange Public Schools: Parent University Spring 2022 Class Schedule**

<b>Date</b>	<b>Course Section</b>	<b>Class</b>	<b>Time</b>
<b>March 2022 Classes</b>			
Self-paced	<a href="#"><u>Adult Learning Academy</u></a>	Digital Literacy 101	Self-paced learning
3/4, 4/1, & 5/6	<a href="#"><u>Certifications Academy</u></a>	Shallow Water Lifeguard Training (Fridays)	4:30pm - 9:00pm
3/5, 4/2 & 5/7	<a href="#"><u>Certifications Academy</u></a>	Shallow Water Lifeguard Training (Saturdays)	3:00pm - 9:00pm
3/6, 4/3 & 5/8	<a href="#"><u>Certifications Academy</u></a>	Shallow Water Lifeguard Training (Sundays)	3:00pm - 9:00pm
3/19	<a href="#"><u>Academic Support Academy</u></a>	Study Skills Seminar: Intervention Program	10:00am - 10:45am
3/19 - 5/21	<a href="#"><u>Workforce Development Academy</u></a>	EEB - Entrepreneurship & Equity in Brewing (10- week Training Class)	9:00am - 12:00pm
3/21	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Strengthening Family Bonds (SFB) / Orientation	5:30pm - 6:15pm
3/22	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Health, Wellness, & Nursing / Chronic Disease Series	6:00pm - 8:00pm
3/22	<a href="#"><u>Academic Support Academy</u></a>	Math Institute for Parents: (MIP1) - K-2	6:00pm - 7:00pm
3/22	<a href="#"><u>Academic Support Academy</u></a>	Math Institute for Parents (MIP 2) - 3-5	6:00pm - 7:00pm
3/23	<a href="#"><u>Academic Support Academy</u></a>	Math Institute for Parents (MIP 3) - 6-7, Accelerated 7	6:00pm - 7:00pm
3/23	<a href="#"><u>Academic Support Academy</u></a>	Building My Scholar at Home: Getting to Know You and How Children Learn	6:30pm - 7:30pm
3/23	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Children and Mental Health	6:00pm - 7:00pm
3/24	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Menopause, The Other Period	6:00pm - 7:00pm
3/25	<a href="#"><u>Academic Support Academy</u></a>	Math Institute for Parents (MIP 4) - 8, 8/Algebra	6:00pm - 7:00pm
3/25	<a href="#"><u>Academic Support Academy</u></a>	Math Institute for Parents (MIP 5) - Geometry, Algebra 2	6:00pm - 7:00pm
3/28	<a href="#"><u>Health &amp; Wellness Academy</u></a>	School Counselor on Wheels, LLC / Enhancing The Parent-School Counselor Relationship: The Pressure Of School and how it Impacts Our Mental Health	3:00pm - 4:00pm
3/28	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Strengthening Family Bonds (SFB) / Orientation / Rewards/ Goals & Objectives	5:30pm - 6:15pm
3/29	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Chronic Disease Series	6:00pm - 8:00pm
3/29	<a href="#"><u>Health &amp; Wellness Academy</u></a>	QPR Gatekeeper Training Parent University (Suicide Prevention Gate Keeper Training)	7:00pm - 8:30pm



3/30	<a href="#"><u>Health &amp; Wellness Academy</u></a>	SNAP-Ed Curriculum for Adults / MyPlate	6:00pm - 7:00pm
3/31	<a href="#"><u>Academic Support Academy</u></a>	Bridging The Gap, What Parents Need To Know	6:00pm - 7:00pm
<b>April 2022 Classes</b>			
4/4	<a href="#"><u>Health &amp; Wellness Academy</u></a>	School Counselor on Wheels, LLC / Enhancing The Parent-School Counselor Relationship: The Pressure Of School and how it Impacts Our Mental Health	3:30pm - 4:30pm
4/4	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Strengthening Family Bonds (SFB) / Noticing & Ignoring	5:30pm - 6:15pm
4/5	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Chronic Disease Series	6:00pm - 8:00pm
4/6	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Parent Wellness Workshops	6:30 pm - 7:30 pm
4/6	<a href="#"><u>Health &amp; Wellness Academy</u></a>	SNAP-Ed Curriculum for Adults /Stretching Food Dollars	6:00pm - 7:00pm
4/6	<a href="#"><u>Adult Learning Academy</u></a>	Self Care for Mothers	7:00pm - 7:45pm
4/7	<a href="#"><u>Adult Learning Academy</u></a>	Manage Your Money Workshops: Financial Goal Setting	7:00pm - 8:00pm
4/7	<a href="#"><u>Workforce Development Academy</u></a>	Goode Education Group Private Career School Information Session: Certified Medical Assistant, Certified Customer Service/Sales, Specialist with Office Assistant	6:00pm - 7:00pm
4/11	<a href="#"><u>Academic Support Academy</u></a>	Parental Guidance for Youth Career Development Series: Part One: Early Career Discussion with the Youth	6:00pm - 7:30pm
4/11	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Strengthening Family Bonds (SFB) / Communication I & II (Better relationships/Family meetings)	5:30pm - 6:15pm
4/12	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Chronic Disease Series	6:00pm - 8:00pm
4/12	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Obesity/Diabetes	6:00pm - 6:30pm
4/13	<a href="#"><u>Academic Support Academy</u></a>	Building My Scholar at Home: Fine Motor Development	6:30pm - 7:30pm
4/13	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Parent Wellness Workshops	6:30 pm - 7:30 pm
4/14	<a href="#"><u>Adult Learning Academy</u></a>	Manage Your Money Workshops: Saving for College/Post-Secondary Education	7:00pm - 8:00pm
4/15	<a href="#"><u>Health &amp; Wellness Academy</u></a>	School Counselor on Wheels, LLC / Enhancing The Parent-School Counselor Relationship: The Pressure Of School and how it Impacts Our Mental Health	11:30am - 12:30pm
4/16	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Juice Plus / Whole Food Nutrition - Health & Wellness Products and Lifestyle	10:00am - 10:45am
4/20	<a href="#"><u>Health &amp; Wellness Academy</u></a>	QPR Gatekeeper Training Parent University (Suicide Prevention Gate Keeper Training)	7:00pm - 8:30pm
4/20	<a href="#"><u>Health &amp; Wellness Academy</u></a>	SNAP-Ed Curriculum for Adults /Food Safety	6:00pm - 7:00pm



4/22	<a href="#"><u>Health &amp; Wellness Academy</u></a>	School Counselor on Wheels, LLC / Enhancing The Parent-School Counselor Relationship: The Pressure Of School and how it Impacts Our Mental Health	11:30am - 12:30pm
4/23	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Holistic Wellness: Taking Care of Your Mind, Body, and Spirit	11:00am - 12:00pm
4/25	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Strengthening Family Bonds (SFB) / Alcohol, Tobacco, Drugs & Families - Adapt	5:30pm - 6:15pm
4/25	<a href="#"><u>Academic Support Academy</u></a>	Parental Guidance for Youth Career Development Series: Part Two: How to help Children Identify Career Goals	6:00pm - 7:30pm
4/26	<a href="#"><u>Health &amp; Wellness Academy</u></a>	First Aid Series	6:00pm - 8:00pm
4/28	<a href="#"><u>Adult Learning Academy</u></a>	Manage Your Money Workshops: Preparing to Purchase a Home	7:00pm - 8:00pm
4/28	<a href="#"><u>Academic Support Academy</u></a>	Bridging The Gap, What Parents Need To Know	6:00pm - 7:00pm
4/29	<a href="#"><u>Health &amp; Wellness Academy</u></a>	School Counselor on Wheels, LLC / Enhancing The Parent-School Counselor Relationship: The Pressure Of School and how it Impacts Our Mental Health	11:30am - 12:30pm
4/30	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Holistic Wellness: Taking Care of Your Mind, Body, and Spirit	11:00am - 12:00pm
4/30	<a href="#"><u>Health &amp; Wellness Academy</u></a>	SNAP-Ed Curriculum for Adults /Food Safety	6:00pm - 7:00pm
4/30	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Introduction to the roots, mindset, vocabulary & benefits of the Your Are a Gardener SEL Program	10:00am - 10:45am
<b>May 2022 Classes</b>			
5/2	<a href="#"><u>Adult Learning Academy</u></a>	Strengthening Family Bonds (SFB) / Solving Problems	5:30pm - 6:15pm
5/4	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Parent Self-Reflection, Education, and Parenting Styles	6:00pm - 6:45pm
5/4	<a href="#"><u>Health &amp; Wellness Academy</u></a>	SNAP-Ed Curriculum for Adults / Fiber	6:00pm - 7:00pm
5/4	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Mental Health	6:00pm - 7:00pm
5/4	<a href="#"><u>Adult Learning Academy</u></a>	How To Talk With Boys So They Listen	7:00pm - 7:45pm
5/4	<a href="#"><u>Adult Learning Academy</u></a>	English as New Language (ENL) for Parents	6:30pm - 7:30pm
5/5	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Positive Changes in Communication and Practical Techniques	6:00pm - 6:45pm
5/6	<a href="#"><u>Health &amp; Wellness Academy</u></a>	School Counselor on Wheels, LLC / Enhancing The Parent-School Counselor Relationship: The Pressure Of School and how it Impacts Our Mental Health	11:30am - 12:30pm
5/9	<a href="#"><u>Academic Support Academy</u></a>	Parental Guidance for Youth Career Development Series: Part Three: Develop and Grow Skills within Youth	6:00pm - 7:30pm
5/9	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Holistic Wellness: Taking Care of Your Mind, Body, and Spirit	7:00pm - 8:00pm



5/9	<a href="#"><u>Adult Learning Academy</u></a>	Strengthening Family Bonds (SFB) / Setting Limits I, II & III	5:30pm - 6:15pm
5/10	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Keeping you Heart Healthy	6:00pm - 7:00pm
5/11	<a href="#"><u>Adult Learning Academy</u></a>	English as New Language (ENL) for Parents	6:30pm - 7:30pm
5/12	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Da' Blues or Depression - What's the Difference - Women and Depression	6:00pm - 7:00pm
5/12	<a href="#"><u>Workforce Development Academy</u></a>	Goode Education Group Private Career School Information Session: Certified Medical Assistant, Certified Customer Service/Sales, Specialist with Office Assistant	6:00pm - 7:00pm
5/16	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Strengthening Family Bonds (SFB) / Building & Using Behavior Programs	5:30pm - 6:15pm
5/17	<a href="#"><u>Health &amp; Wellness Academy</u></a>	First Aid Series	6:00pm - 8:00pm
5/18	<a href="#"><u>Academic Support Academy</u></a>	Building My Scholar at Home: Language and Literary	6:30pm - 7:30pm
5/18	<a href="#"><u>Health &amp; Wellness Academy</u></a>	SNAP-Ed Curriculum for Adults / Portion Sizes	6:00pm - 7:00pm
5/18	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Reclaim Your Rhythm for Heart Disease	6:00pm - 8:30pm
5/18	<a href="#"><u>Adult Learning Academy</u></a>	English as New Language (ENL) for Parents	6:30pm - 7:30pm
5/21	<a href="#"><u>Health &amp; Wellness Academy</u></a>	SNAP-Ed Curriculum for Adults / Portion Sizes	6:00pm - 7:00pm
5/21	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Juice Plus / Whole Food Nutrition - Health & Wellness Products and Lifestyle	10:00am - 10:45am
5/23	<a href="#"><u>Adult Learning Academy</u></a>	Strengthening Family Bonds (SFB) / Graduation	5:30pm - 6:15pm
5/23	<a href="#"><u>Academic Support Academy</u></a>	Parental Guidance for Youth Career Development Series: Part IV: Connecting Children's Career Identity with Schools and Resources	6:00pm - 7:30pm
5/24	<a href="#"><u>Health &amp; Wellness Academy</u></a>	First Aid Series	6:00pm - 8:00pm
5/25	<a href="#"><u>Adult Learning Academy</u></a>	English as New Language (ENL) for Parents	6:30pm - 7:30pm
5/26	<a href="#"><u>Academic Support Academy</u></a>	Bridging The Gap, What Parents Need To Know	6:00pm - 7:00pm
5/31	<a href="#"><u>Health &amp; Wellness Academy</u></a>	First Aid Series	6:00pm - 8:00pm
<b>June 2022 Classes</b>			
6/1	<a href="#"><u>Adult Learning Academy</u></a>	English as New Language (ENL) for Parents	6:30pm - 7:30pm
6/8	<a href="#"><u>Academic Support Academy</u></a>	Building My Scholar at Home: Preventing Summer Slide	6:30pm - 7:30pm



6/8	<a href="#"><u>Health &amp; Wellness Academy</u></a>	SNAP-Ed Curriculum for Adults / Meal Planning	6:00pm - 7:00pm
6/8	<a href="#"><u>Adult Learning Academy</u></a>	English as New Language (ENL) for Parents	6:30pm - 7:30pm
6/11	<a href="#"><u>Health &amp; Wellness Academy</u></a>	Easy Ways to Successfully Implement the Program at Home	10:00am - 10:45am